

**Milford Senior Center, 105 South 'B' Street, Milford, NE 68405 - Phone: 402-761-3367**

## AUGUST - 2016

	<b>Monday</b>		<b>Tuesday</b>		<b>Wednesday</b>		<b>Thursday</b>		<b>Friday</b>
<b>1</b>	Pork Roast/Sauerkraut Mashed Potatoes/Gravy Germany Blend Vegetables Whole Wheat Roll Fruit Cup	<b>2</b>	Beef Tips with Gravy Rice Seasoned Beets Whole Wheat Roll Fresh Fruit	<b>3</b>	<b>HOT DISH &amp; SALAD BAR</b>	<b>4</b>	Barbecue Beef Potato Salad Baked Beans Biscuit Applesauce Gelatin Salad	<b>5</b>	Roast Turkey Baked Potato Half Sour Cream Green Peas Whole Wheat Roll Strawberries
<b>8</b>	Garlic Parmesan Chicken Red Potatoes California Vegetables Whole Wheat Roll Citrus Salad w/pineapple	<b>9</b>	Hot Roast Beef Sand w/gravy Italian Cut Green Beans Sunshine Salad	<b>10</b>	<b>HOT DISH &amp; SALAD BAR</b>	<b>11</b>	<b>BRUNCH 11:00 BINGO 11:30</b>	<b>12</b>	Tuna Stuffed Tomato Chips Whole Wheat Breadstick German Chocolate Cake
<b>15</b>	Salisbury Steak Mashed Potatoes/Gravy Creamed Mixed Vegetables Whole Wheat Roll Fresh Fruit Salad	<b>16</b>	Barbecued Chicken Baked Potato Half Sour Cream Crmy Cauli/Brocc Salad Biscuit Banana Pudding	<b>17</b>	<b>HOT DISH &amp; SALAD BAR</b>	<b>18</b>	Taco Salad Tortilla Chips Whole Wheat Breadstick Fruit	<b>19</b>	Chicken Primavera w/Penne Seasoned Zucchini Whole Wheat Bread Peach Cobbler ----- Fund Raiser 5:00-7:00
<b>22</b>	Lasagna Italian Vegetables Garlic Bread Melon	<b>23</b>	Roast Beef Au Gratin Potatoes Roasted Brussels Sprouts Whole Wheat Roll Citrus Salad w/Pineapple	<b>24</b>	<b>HOT DISH &amp; SALAD BAR</b>	<b>25</b>	Braised Swiss Steak Mashed Potatoes/Gravy Peas and Carrots Whole Wheat Bread Chilled Fruit Cut	<b>26</b>	Bake N Broil Cod Chive Roasted Potatoes Italian Cut Green Beans Whole Wheat Roll Strawberry Rhubarb Crunch
<b>29</b>	<b>BIRTHDAY CELEBRATION</b> Roast Beef Oven Roasted Red Potatoes Green Bean Casserole Dinner Roll	<b>30</b>	Chicken Noodle Casserole Green Beans Whole Wheat Bread Chilled Peaches	<b>31</b>	<b>HOT DISH &amp; SALAD BAR</b>	<b>1</b>	Open Face Hamburger w/Gravy Mashed Potatoes Cream Style Corn Fruit Cobbler	<b>2</b>	Chicken Primavera w/penne Seasoned zucchini Whole wheat Bread Strawberries

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